Sports Connection

- Supported Swim
- Adaptive Aquatics
- Parent/Child Aquatics
- Martial Arts
- Lightning Wheels
- Court Sports

Expressive Arts Connection

- Move & Groove Dance
- Creative Drama
- Only Make Believe
- Music and Karaoke

Active Connection

- Panda Prep
- Adaptive yoga
- Parent-Child yoga

Social Connection

- Team Up! Social Club
- Club Rec
- Cooking for Independence
- Creative cooking
- STEM and Experiments
- Friday Night Fever
- Teen Night

Camp Connection

- Camp Pals Paradise
- Camp Chatterbox
- Camp BECOME
- Overnight Camp

For more information and program availability, visit our website www.childrens-specialized.org/recreation or call 908-301-5548