



NJ CONNECT
for recovery 855-652-3737
A free, confidential call line

Family Workshop

Learn new skills to deal with substance use disorder that may be affecting your family or relationship

- ✓ Understanding the levels of treatment and insurance
- ✓ Communication skills and techniques including listening to understand addiction from a “loved one’s” perspective
- ✓ Problem Solving and natural and intentional consequences
- ✓ Understanding informed consent
- ✓ Crisis Planning and managing emotions and stress
- ✓ Guidance and direction for your own self-care, healing and recovery while dealing with a loved one who is stuck in addiction
- ✓ Advocacy for you and your loved one
- ✓ Get Narcan Trained

FREE NARCAN KIT UPON COMPLETION OF WORKSHOP

12 Week Series every Thursday Evening:
October 18th – Jan 10th
6:30 – 8:00 pm

Hosted by:
Ocean County Family Support Organization
36 Washington St, 2nd floor
Toms River, NJ 08753
Childcare is available upon request
Please call 732-569-6334 to register

