

Ocean Partnership for Children

LGBTQ+ RESOURCE LIST

COMMUNITY SUPPORT SERVICES FOR THE LGBTQ+ COMMUNITY!

NEW JERSEY RESOURCES:

- **PFGLAG- Jersey Shore (Ocean County)**
 - Our main role in the community is hosting monthly support meetings (one for all LGBTQ topics and one exclusively for transgender topics) that provide comfort, information and discussion about LGBTQ issues in a safe, confidential and nonjudgmental environment.
- **Garden State Equality**
 - New Jersey's largest LGBTQ advocacy and education organization
- **NJ Department of Children & Family LGBTQ Resource List**
- **State of New Jersey Teen Resources for LGBTQIA PDF**
- **QSpot LGBT Community Center in Asbury Park, NJ**
 - QSpot fosters the health, well-being and pride of NJ's LGBT and allied community by providing resources, referrals, education, and outreach.
- **The Center in Asbury Park**
 - Providing support services for people living with HIV/AIDS
- **Trans Equality Coalition**
 - Provides support and groups to gender non-confirming people in NJ.
- **HiTOPS - Princeton, NJ**
 - Provides inclusive and youth-informed sex education and LGBTQ+ support for young people throughout New Jersey.
- **The Pride Center of New Jersey - Highland Park, NJ**
 - Nonprofit organization dedicated to the health and well-being of all individuals in the LGBTQ community
- **Ocean Partnership for Children's Your Authentic Self Group**
 - LGBTQ+ support group for teens.
- **Barneget Pride**
 - Provides support groups and LGBTQ+ events in sSouthern Ocean County.

MENTAL HEALTH RESOURCES:

- **PerformCare - NJ Children's System of Care Services: 877-652-7624**
 - Contact hotline number 24/7, 365 days a year to access NJ CSOC Services (Care Management Services, Mobile Response Services)
- **Bright Harbor's OASIS Program**
 - LGBTQ+ mental health services for youth and adults. We provide individual therapy, group therapy, case management and outreach services to program participants.
- **Institute for Personal Growth**
 - LGBTQ+ inclusive outpatient therapy in Jersey City, Highland Park, and Freehold.

NATIONAL RESOURCES/HOTLINES:

- **THE TREVOR PROJECT**
 - Crisis intervention and suicide prevention. Talk, chat, text lines available for LGBTQ+ youth.
- **GLSEN**
 - GLSEN works to ensure that LGBTQ students are able to learn and grow in a school environment free from bullying and harassment.
- **IT GETS BETTER PROJECT**
 - The It Gets Better Project is a nonprofit organization with a mission to uplift, empower, and connect LGBTQ youth.
- **The Human Rights Campaign**
 - The Human Rights Campaign envisions a world where every member of the LGBTQ+ family has the freedom to live their truth without fear, and with equality under the law.
- **FAMILY ACCEPTANCE PROJECT (sfsu.edu)**
 - Developed a new family-oriented model of wellness, prevention and care for LGBTQ children and adolescents, based on our research
- **STOMP OUT BULLYING**
 - Online resource to make schools safe for LGBTQ+ students.
- **GLAAD**
 - Nonprofit for LGBTQ+ advocacy.
- **GSA Network**
 - Advocating for GSA networks in schools.

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MEDICAL RESOURCES:

- **The Proud Center Located -Toms River, NJ**
 - Operated by RWJ Barnabas and provides general wellness for LGBTQ+ identifying adults.
- **Rutgers Center for Transgender Health - Newark, NJ**
 - The Rutgers Center for Transgender Health is a multidisciplinary center that provides a full spectrum of medical and surgical care for people of the transgender and gender non-binary (TGNB) experience. Our team of expert health professionals offer a compassionate, coordinated approach to gender affirmation.
- **Babs Siperstein Proud Center - Somerville, NJ**
 - At the Center, a multidisciplinary team of family medicine physicians, gynecologists, urologists, endocrinologists, plastic surgeons and otolaryngologists provides specialized care for LGBTQ+ patients. Hormone therapy and surgical procedures are offered to support the transition of transgender patients.
- **LGBTQ Center for Health & Wellness/VNACJ Community Health Center - Asbury, NJ**
 - Provides an array of comprehensive care and wellness programs in a safe, culturally competent environment.
- **Mazzoni Center Gender Affirming Health Care - Philadelphia, PA**
 - Mazzoni Center offers an array of patient-centered treatment and services based on a harm reduction and informed consent model.
- **Cooper University Healthcare; Center for LGBTQ+ Health - Delaware**
 - Provides healthcare services to the LGBTQ+ community. Cooper is proud to serve the LGBTQ+ community's unique health care needs in a safe, welcoming, and inclusive environment.
- **Children's Hospital of Philadelphia Gender & Sexuality Program - Voorhees, NJ & Philadelphia, PA**
 - Supports children and teens up to age 21 who are gender nonconforming, gender expansive and transgender.
- **Planned Parenthood of NJ Transgender/Non-Binary Hormone Therapy - Various NJ Locations**
 - We provide quality, compassionate care from an informed consent model for our transgender patients.
- **LGBT Health Care at Penn Medicine Princeton Health - Various NJ Locations**
 - The mission of the Penn Medicine Program for LGBTQ Health is to improve the care of LGBTQ populations by becoming a local and national leader in LGBTQ patient care, education, research, and advocacy.
- **Jefferson Pride Center - Haddonfield, NJ**
 - Provides gender-affirming healthcare with trained clinicians in a safe and professional setting.
- **Dr. Ian Marshall - New Brunswick, NJ**
 - Pediatric Endocrinologist (Medicaid Accepting)
- **Dr. Daisy Chin - Morristown, NJ**
 - Pediatric Endocrinologist (Medicaid Accepting)
- **Health Transitions**
 - Healthy Transitions is a private medical practice that has proudly served transgender, non-binary and gender expansive patients. Services include mental health therapy and hormone therapy.