

Managing Your Child's Behavior

2024 Virtual Workshops for Parents

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



Need Help Managing Your Child's Behavior?

This parent workshop was developed by the child psychologists at **Children's Specialized Hospital** to help parents of children ages 2-10 years learn how to manage their behavior.

Virtual Workshops Wednesdays from 7-8:30 PM with Psychologist Shoshana Isenberg

1

January 17 -
February 21

Booster session: 4/17

2

March 6 -
April 10

Booster session: 6/19

3

May 1 -
June 5

Booster session: 8/15

4

June 26 -
August 7

Booster session: 10/9

IMPORTANT:

- Participants should select **1 cycle** and attend **all classes** in that cycle.
- **Cost is \$99.** This fee may be covered by the CSH Benefit Fund. You can access benefit fund application information by clicking [here](#).
- Registration and prepayment are required at least 24 hours prior to the first session.
- Registration will be available on the website ~5 weeks prior to the start date.
- Dates and times are subject to change.

Each Seven-Part Course will Cover:

- Causes of misbehavior
- Setting limits and dealing with tantrums
- Managing sibling conflicts
- Developing and implementing behavioral systems
- Parent stress management, self-care, and support system

Virtual Workshops Mondays from 6:30-8:00 PM with Psychologist Charles Borgen

1

February 5 -
March 18

2

April 1 -
May 27

3

June 17 -
July 29

4

August 12 -
September 30

5

October 28 -
December 9



Scan or click the QR code
to register for a session

