

NJCA Presents A Four-Day Training Event

RACIAL AND CULTURAL EMPATHY (RACE):

Understanding the Impact of Race and Culture on Working with Victims of Child Abuse

RACE is a two-part training that includes:

- 10-hours of didactic training, held over four (4) dates to help mental health professionals work effectively with children and families from diverse racial and cultural backgrounds who have been impacted by interpersonal trauma. Information will be presented about the historical, contextual, and personal factors that create risk of adverse childhood experiences (ACEs) and the consequences of such experiences. In addition, there will be information provided about the ways in which systems and providers often practice that creates barriers to effective provision of services resulting in racial differences in outcomes.
- Optional: Participants who complete the didactic training will be invited to apply for a series of monthly small group conversations to develop skills for providing a racially and culturally sensitive environment in therapeutic settings, and share practices that foster cultural humility. More information will be shared during the didactic training.

Presenters: Denise Williams Johnson, PhD, Susan Esquilin, PhD, and Aida Ismael-Lennon, PsyD

PARTICIPANTS MUST ATTEND ALL FOUR (4) TRAINING DATES IN ORDER TO RECEIVE A CERTIFICATE OF ATTENDANCE

Note: The content of these didactics includes material that could be triggering or distressing to different people. Those participating in the training should understand that discomfort is a necessary part of growth and increased understanding in this area. The facilitators will make every effort to provide a supportive and inclusive environment that leads to productive consequences.

Target Audience: Providers of mental health services.

CE credits provided by Rutgers University Behavioral Health Care

RACIAL AND CULTURAL EMPATHY (RACE):

UNDERSTANDING THE IMPACT OF RACE AND CULTURE
ON WORKING WITH VICTIMS OF CHILD ABUSE

**Session 1:
History of Racism in the
United States**

September 20, 2023
10:00AM - 12:30PM EST

October 18, 2023
10:00AM - 12:30PM EST

**Session 2:
History of Racism in Mental
Health Professions**

**Session 3:
Systemic Racism and Cultural
Sources of Resilience**

November 15, 2023
10:00AM - 12:30PM EST

December 13, 2023
10:00AM - 12:30PM EST

**Session 4:
Understanding Trauma in the
Lives of People of Color**

[Click here to register for the 2023 RACE training sessions](#)