



NEIGHBORHOOD  
CONNECTIONS  
TO HEALTH

# Freehold Intergenerational Community Kitchen 2024 - 2025



ALL AGES, EXPERIENCE LEVELS & CULTURES WELCOME!

*food & supplies provided*

Crossroads: 33 Throckmorton St. Freehold

3rd Monday Monthly

5:30 PM- 7: 30 PM

*planning sessions: 1st Monday monthly*

**2024**

AUG 19  
SEPT 16  
OCT 14  
NOV 18  
DEC 16

**2025**

JAN 20  
FEB 17  
MAR 17  
APR 21  
MAY 19  
JUNE 16

**FREE**

RSVP: [ncthnj@gmail.com](mailto:ncthnj@gmail.com) or 732-547-7274



This initiative was funded in partnership by New Jersey Department of Children & Families and MonmouthCares.



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TO HEALTH

# Cocina Comunitaria Intergeneracional de Freehold 2024 - 2025



TODAS LAS EDADES, NIVELES DE EXPERIENCIA & CULTURAS  
SON BIENVENIDAS!

*comida y utensilios son proveidos*

Crossroads: 33 Throckmorton St. Freehold

*3er Lunes del Mes*

5:30 PM- 7: 30 PM

*sesion de planeo: 1er Lunes del mes*

**2024**

Ago 19  
Sep 16  
Oct 14  
Nov 18  
Dic 16

**2025**

Ene 20  
Feb 17  
Mar 17  
Abr 21  
May 19  
Jun 16

**GRATIS**

Reserve: [ncthnj@gmail.com](mailto:ncthnj@gmail.com) or 732-547-7274

