

A SPACE TO BE YOU!

Transitioning into Adulthood Group

A group for youth ages 17-19 who are transitioning into adulthood and need a space to talk about challenges and connect with others. Topics include:

- *Maintaining productivity after graduation*
- *Maintaining and ending relationships as an adult*
- *Social skills as an adult in the age of technology*

Will be held weekly on Tuesdays at 6 pm
via Microsoft Teams
Starting March 7th



For more information, please contact Israa
Elsherif at
ielsherif@preferredbehavioral.org

****Accepting referrals until
February 21st**