

# RECALIBRATE

## PEER SUPPORT FOR VETERANS & FIRST RESPONDERS

### VETERAN PEER GROUP

3RD WEDNESDAY EACH MONTH @ 7PM

TOMS RIVER VFW - 210 COURTHOUSE LANE

FIRST RESPONDERS WELCOME

### VETERAN SPOUSE/PARTNER PEER GROUP

1ST TUESDAY EACH MONTH @ 7:30PM

BRIGHT HARBOR/OCEAN MENTAL HEALTH

160 RT 9, BAYVILLE 08721

### MONTHLY WORKOUT

3RD SUNDAY EACH MONTH @ 10:45AM

REGISTER @ [INFO@RECALIBRATEUSA.ORG](mailto:INFO@RECALIBRATEUSA.ORG)

FREE - ALL FITNESS LEVELS WELCOME

SOCIAL  
CONNECTION  
FOR  
DISCONNECTED  
VETERANS AND  
FIRST  
RESPONDERS  
BY USING  
WELLNESS  
ACTIVITIES  
SUCH AS  
FITNESS,  
SURFING, YOGA,  
AND PEER  
RECOVERY  
MEETINGS.



EVENTS ARE  
FREE



FIND YOUR FIRE  
TEAM

JOIN US:

[INFO@RECALIBRATEUSA.ORG](mailto:INFO@RECALIBRATEUSA.ORG)

[WWW.RECALIBRATEUSA.ORG](http://WWW.RECALIBRATEUSA.ORG)

