



Are you prescribed medication to treat various drug and alcohol use disorders? Many people utilize evidence-based science to aid in their recovery. At Medication-Assisted Recovery Anonymous (MARA), all are welcome!

The mission of **HOPE Sheds Light** is to raise awareness and educate individuals, families and the community about the impact of addiction by having the courage to share personal experiences and offer strength, wisdom, hope and resources that lead to positive community change and long-term recovery.

For more information, please visit **HOPEShedsLight.org**

TOLL-FREE HELPLINE:
855.850.HOPE

MEDICATION ASSISTED RECOVERY

(MARA)

Support Meeting

WHO

Anyone choosing MAT as their path to recovery

WHERE

Virtual via ZOOM

Meeting ID: 971 9954 6000

WHEN

Thursdays

Beginning April 7th

7:00pm – 8:00pm

Please contact Emily for more information
at: **Emily@HOPEShedsLight.org**

HOPEShedsLight.org

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