

# Family Crisis Intervention Unit

(732) 240-3638 2445 Windsor Ave Toms River, NJ 08753

## Appropriate Referrals: (Adolescents ages 10 to 18)

- A pattern of truancy
- Runaway youth
- Serious parent-child conflict
- Repeated serious threat to the well-being and safety of the youth
- Victim/Suspicion of human trafficking or commercial sexual exploitation of youth
- Diversion of disorderly persons, sexting, or posting of sexual images by a juvenile
- Behavioral/Anger issues

## FCIU will provide free services to Ocean County youth. Services include:

- Individual and family counseling
- Case management & referrals
- Potential court ordered services in extreme circumstances \*
- 24 hour on-call crisis services
- Access to psychoeducational groups for youth and their parents



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EMPOWERED TOMORROW  
[www.oceansharborhouse.org](http://www.oceansharborhouse.org)

*\*This court diversion program must exhaust all possible resources before petitioning\**

2445 Windsor Avenue  
Toms River, NJ 08753

**All services are  
free and confidential**

## Emergency Shelter Program

**732-929-0660 (24-hour hotline)**

2445 Windsor Ave Toms River, NJ 08753

### Appropriate Referrals:

- Adolescents ages 10-19
- Runaway/Throwaway/Homeless youth
- Voluntary placements, cannot be mandated into the shelter
- Serious parent-child conflict resulting in absconding or parent refusal to allow youth home

### Services Provided:

- Crisis intervention services
- 12 bed emergency shelter for 21 days
- Food and clothing
- Individual and family counseling services
- Case management and referral services
- Psychoeducational groups
- After care counseling
- **No geographic restrictions**

**All services are free and confidential**

## Supervised Transitional Living Program

**732-281-0822**

808 Conifer Street Toms River, NJ 08753

### Appropriate Referrals:

- Adolescents ages 16-21
- Runaway/Abandoned/Homeless youth
- Supervised group home living for up to 18 to 72 months

### Services Provided:

- Individual & family counseling
- Life Skills and goal planning
- Education/Vocation preparation and linkages
- Employment skills
- Case management
- **No geographic restrictions**



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# YOUTH GROUPS

FOR YOUTH AGES 10-19

NOW AVAILABLE VIA ZOOM 



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## YOUNG MEN'S & WOMEN'S GROUP

**This group is designed to help young people explore and discuss gender specific issues and challenges.**

Topics include: Toxic Relationships, Body Image, and Perception.

**WHEN:** 2nd and 4th Mondays, 7:00 p.m. – 8:00 p.m.

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## ART EXPRESSION

**This group allows youth to express themselves through different mediums and guided practice. These activities are for any art skill level.**

Projects include: Drawing, Painting, Collaborative Art, Collages, and Word Expression.

**WHEN:** 1st and 3rd Mondays, 7:00 p.m. – 8:00 p.m.

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## TEEN RAP

**This group provides youth with the opportunity to discuss a variety of different topics that are prevalent in the daily life of youth.**

Topics include: Peer Pressure, Assertive Communication, Boundaries, and Social Anxiety.

**WHEN:** Tuesdays, 7:00 pm – 8:00 pm

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## ANGER MANAGEMENT

**This is a group to help youth explore anger and its social, emotional and physical effects, as well as ways of successfully communicating and managing it.**

Topics include: Fight or Flight, Coping Strategies, Triggers, and Forgiveness.

**WHEN:** Thursdays, 7:00 pm – 8:00 pm

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## TEENS LIVING CLEAN

**A support and prevention group for youth interested in drug or alcohol abstinence.**

Topics include Risks & Protective Factors, Getting Clean, Coping Skills, and Cycle of Addiction.

**WHEN:** Fridays, 7:00 pm – 8:00 pm

**MONTHLY**

## FAMILY WORKSHOP

**Once a month sessions: one dedicated to parents/guardians and the other for youth.**

Topics include: Back-to-School, Suicide Prevention, Bullying, Stress Management/Relaxation & Mindfulness, and Family Engagement with Teenagers.

**PARENTS/GUARDIANS:** Last Tuesday of the month, 7:00 pm

**YOUTH:** Last Thursday of the month, 3:30 pm

**TO REGISTER & SEE FULL SCHEDULE, VISIT:**

**[HTTPS://WWW.OCEANSHARBORHOUSE.ORG/PROGRAMS/GROUPS/](https://www.oceansharborhouse.org/programs/groups/)**

**Call 732-929-0660 for questions or more information**