

Parenting a teen can be challenging...



TEEN SPEAK can help!

Teen Speak teaches the skills necessary to open the lines of communication between parents/caregivers and their children, focusing on topics such as sex, mental health, and substance use.

Learn how to create a healthy, loving environment that fosters growth to help your teen make safer, more informed decisions as they continue into adulthood.

This two part virtual program is designed for parents, caregivers, and guardians residing in Ocean County (NJ)

April 23 & April 30, 2024

6:15pm-8:15pm

Space is limited! Register here:

<https://tinyurl.com/22b8x4rs>

**Participants will
receive a \$40 gift card
for completing
all sessions.**

