

Sea Change

Recovery Community & Harm Reduction Center

ALL RECOVERY / HARM REDUCTION SUPPORT GROUPS

You are welcome to come as you are, whether or not you have recently used substances. We honor all pathways to recovery, acknowledging that each person's path is unique and reflects their personal strengths. The meetings are non-denominational and offer an opportunity to focus on the hope found in recovery. **Call or text if you have questions (609) 618-0360 or (609) 241-2630**

- Monday** **10:00 - 11:00 AM** Recovery Dharma Group
Virtual over Zoom
- 5:30 - 6:30 PM** All Recovery Harm Reduction Group - In Person
Bay Avenue Community Center & Pine Street, Stafford Township, NJ
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- Tuesday** **10:00 - 11:00 AM** All Recovery Harm Reduction Group
Virtual over Zoom
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- Wednesday** **10:00 - 11:00 AM** All Recovery Harm Reduction Group
Virtual over Zoom
- 6:00 - 7:00 PM** Bridges: Family & Friends Support Group
Virtual over Zoom
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- Thursday** **10:00 - 11:00 AM** All Recovery Harm Reduction Group
Virtual over Zoom
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- Friday** **10:00 - 11:00 AM** All Recovery Harm Reduction Group
Virtual over Zoom
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- Saturday** **10:00 - 11:00 AM** Storyteller Saturdays
Virtual over Zoom
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- Sunday** **10:00 - 11:00 AM** All Recovery Harm Reduction Group
Virtual over Zoom

Scan here to get the Zoom codes for the virtual meetings and learn about our upcoming events.

