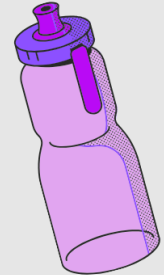
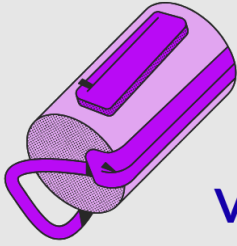


**adaptive+inclusive  
fitness**



**📍 Our Own Space - Now Open  
Victoria Commons – Eatontown, NJ**

**ZR Fit and Wellness is an adaptive and inclusive  
fitness and wellness space  
designed for all abilities and all bodies.**

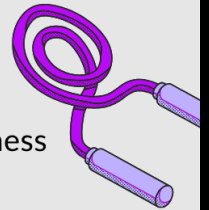
**Who We Serve**

**Ages 5-100**

- Neurodiverse individuals
- Neurological conditions
- Physical & mobility differences
- Sensory and communication needs
- Mental health support
- Anyone who wants a more supportive, non-traditional gym environment

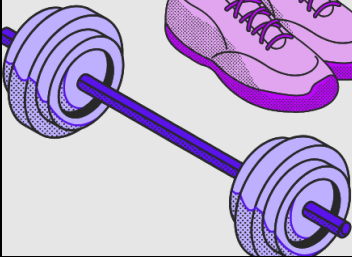
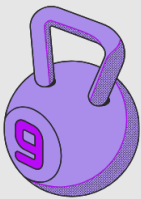
**Programs & Services**

- Adaptive personal & group fitness
- Nutrition counseling & classes
- Adaptive Run & Roll Club
- Social & Wellness events
- Day & residential program group wellness
- School-based field trips & Community Based Instruction (CBI)
- Pop-up wellness groups

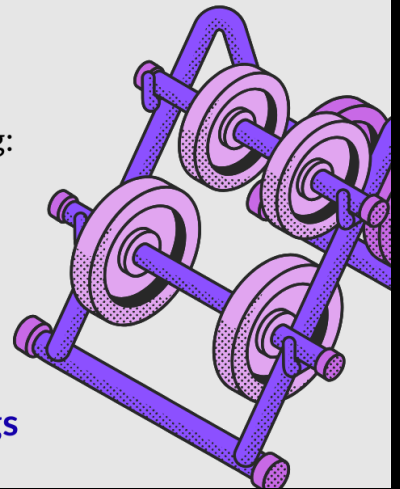


**Our Team**

**Certified Personal Trainers  
with advanced backgrounds including:  
BCBAs • RBTs • SLPs • and more**



- ✓ **DDD Approved Provider**
- ✓ **Private Pay Accepted**



**A gym where everyone belongs**