



OCEAN COUNTY

▶▶ RECOVERY CENTER ◀◀



Our Ocean County Recovery Center is a place of HOPE, where people can come together for meetings and events to connect with others, uplift and empower each other, and build a stronger recovery community. Join us at the center, located in the House of Hope building in the parking lot of Toms River Presbyterian Church (253 Chestnut Street, Toms River, NJ 08753), and become a part of our community today!

Current recurring programs/meetings at the center:

- ✔ **Mondays: Women's NA Meeting 7:00 PM - 8:15 PM**
- ✔ **Tuesdays: Finding Hope 6:00 PM - 7:30 PM** (all family support meeting for anyone who is in a parallel recovery with a loved one)
- ✔ **Wednesdays: Weekly Wellness - Yoga/Sound Healing 6:30 PM - 7:30 PM** (all recovery - anyone from the community is welcome!)
- ✔ **Wednesdays: Adult Children of Alcoholics 7:00 PM - 8:00 PM**
- ✔ **Thursdays: Healing Hearts 6:00 PM - 7:00 PM** (for anyone who has lost a loved one to substance use disorder)
- ✔ **Thursdays: Cocaine Anonymous 7:30 PM - 8:30 PM**
- ✔ **Fridays: Refuge Recovery Meeting 7:00 PM - 8:30 PM**
- ✔ **Fridays (fourth Friday of every month): Family Night at Hope Sheds Light 5:30 PM - 7:30 PM**

CONTACT ASHLEY FOR MORE INFO:

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