

THE MORE PROJECT

MOMS OFFERING RECOVERY EXPERIENCES

- Recovery... Can Be Hard.
- Being a Mom... Can Be Hard.
- Being a Mom In Recovery... Can Be Super Overwhelming

**You're
Not Alone**

ALL PHASES OF MOTHERHOOD

(PREGNANT, HAVE ADULT CHILDREN, OR ANYWHERE IN BETWEEN)

ALL STAGES & PATHWAYS OF RECOVERY

SUPPORTING ALL MOMS TO RECOVER IN
THEIR OWN WAY - ON THEIR OWN TERMS!



*Safe
Confidential
Non-Judgmental
Inclusive
Trauma-Informed
Strength-Based
Support
Compassion
Encouragement*

Must be 18yrs + And Live in Ocean County

SOMETIMES... YOU NEED A LITTLE **MORE** SUPPORT!



FOR MORE INFORMATION CONTACT:

732-244-0940

- ✓ NO CHARGE
 - ✓ NO INSURANCE
 - ✓ NO JUDGEMENT
- Complete Acceptance
& Support*

MHANJ-Ocean County

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F: 732-244-0948

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Manahawkin, NJ 08050
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