

Ocean County Office of Senior Services



2022 Resource Directory



1027 Hooper Avenue
Building 2, 1st Floor
P.O. Box 2191

Toms River, New Jersey 08754-2191


732-929-2091

1-800-668-4899

1-877-222-3737

(In State Only)

www.co.ocean.nj.us/seniorservices

 : [ocseniorservices](https://www.facebook.com/ocseniorservices)

A Message from Our Director *Maria LaFace*



Dear Ocean County Residents,

According to the most recent census estimates, Ocean County is home to over 200,000 adults 65 years of age and older. With 10,000 baby boomers turning 65 each day, that number is only going to grow. Given the sheer numbers, it is inevitable that you or someone you love is in need of services to maintain independence and age well at home.

The Ocean County Office of Senior Services is committed to providing information and assistance regarding programs and services available through our aging network.

We are pleased to share our 2022 Resource Directory containing information on various community support services, long-term care options, caregiver resources and much more...

We hope that you find the directory useful and recommend you check us out on Facebook, and if you would like more information or want to schedule an event contact us at 732-929-2091.

A large, elegant handwritten signature in black ink that reads "Maria LaFace". The signature is written in a cursive style with long, sweeping lines.

Maria LaFace
Director

A Message from Our Commissioner *Joseph H. Vicari*



The Ocean County Office of Senior Services serves as the Area Agency on Aging responsible for the allocation of federal Older Americans Act, state and county funding. It is the planning agency responsible for developing a comprehensive and coordinated system of community based services for older adults so that they can age in place with dignity, independence and financial security. The department serves as a focal point for older adults and their caregivers to turn for information and assistance regarding programs and services. It also serves as the voice for older adults by identifying and advocating for policies & programs that impact the well-being and quality of life of the over 200,000 seniors who call Ocean County home. Our mission is to lead the way in advancing the well-being of older adults by *improving access to services, promoting healthy aging, fostering greater independence and advocating at the federal, state and local levels.*

In addition, the department functions as the county Aging and Disability Resource Connection (ADRC) ensuring seniors, adults with disabilities and their caregivers have easy access to information and long term services and supports. This resource guide contains information on the programs and services available at no cost to older adults in Ocean County. It also includes contact information for other essential local, county and federal programs. To learn more about aging services, issues and events, please visit our website at co.ocean.nj.us/seniorservices and social media page at [facebook.com/ocseniorservices/](https://www.facebook.com/ocseniorservices/). We remain committed to providing older adults within the community support services they need to age well at the home and in their communities with the independence and dignity they deserve. We hope you find this Resource Directory useful and informative.

A handwritten signature in black ink that reads "Joseph H. Vicari". The signature is written in a cursive, flowing style.

Joseph H. Vicari
Commissioner Liaison

2022 Agency Providers & Services



Berkeley Outreach, 732-244-9600
627 Pinewald-Keswick Road, Bayville, NJ 08721

Information is provided for seniors and caregivers to link older adults to appropriate services and programs. Assistance is provided in filling out various forms, applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



Borough of Point Pleasant Senior Beehive,
732-810-5890
St. Martha's Church, 3800 Herbertsville Road,
Point Pleasant, NJ 08742

Information and assistance is provided, socialization, fitness classes, arts and crafts program, parties, trips and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



Brick Township Senior Center, 732-920-8686
373 Adamston Road, Brick, NJ 08723

Information and assistance is provided for seniors and caregivers, and limited transportation to medical appointments. Assistance filling out various forms and applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare. Social and recreational activities, physical health screenings, fitness classes, socialization, recreations, and educational presentations. The Brick Township Senior Shuttle Bus is available for Brick Residents to come to this center and for food shopping. Non- Emergency Medical Transportation is also available.



**Caregiver
Volunteers
of Central
Jersey**

**Caregiver Volunteers of Central Jersey,
732-505-2273**

201 Hooper Avenue, Toms River, NJ 08753

CVCJ is an interfaith nonprofit agency dedicated to providing free supportive services to the frail, elderly and homebound enabling them to live independently and with dignity in their own homes. Volunteers do this by providing transportation to medical appointments, grocery shopping, friendly/pet visits and phone calls to reduce social isolation. Service can be provided in a variety of languages.

CVCJ Alzheimer's Respite Care Program

The Respite Program will include short-term or intermittent care, provided to older adults and their caregivers in their homes because of the absence or the need for relief of those persons normally providing care.

Multicultural Senior Outreach

The goal of the Multicultural Outreach program is to enhance the visibility and accessibility of available services, programs and benefits for seniors of diverse cultures.



**Community Health Law Project, 732-349-6714
250 Washington Street, Toms River, NJ 08753**

No cost legal assistance to Ocean County residents, age 60 plus. Frail, vulnerable, disabled and low income populations receive priority consideration for services. Possible services include 1. Information and referral, 2. Legal counsel and advice; 3. Brief service and 4. Legal representation, depending upon facts of case and availability of staff resources. Types of matters addressed include, but are not limited to: housing issues (including landlord tenant); public entitlement issues, (including Social Security and SSI), Medicaid & Medicare and other health insurance benefit issues; wills, power of attorney and advance directives; consumer law issues.

**Community
Medical Center**

**RWJ Barnabas
HEALTH**

**Community Medical Center,
RWJ Barnabas Health Facility,
732-557-8000, 67 Route 37 West,
Toms River, NJ 08755**

Free Caregiver counseling is offered to individuals caring for adults age 60 and over. Sessions are confidential and conducted by a licensed therapist in the Toms River office. A free monthly caregiver support group held on the 4th Thursday of the month and is offered to anyone caring for an adult age 60 and over who reside in Ocean County.



Community Services Inc., 609-978-6868

179-A S. Main Street, Manahawkin, NJ 08050

Community Services, Inc. of Ocean County (Meals on Wheels) prepares a hot nutritionally balanced meal at lunchtime to seniors who are homebound, unable to prepare their own meals

and who have no one available to assist them with meal preparation. In some instances, weekend meals are available.

Community Services, Inc., 609-978-6869

179-A South Main Street, Manahawkin, NJ 08050

CSI provides information and assistance, physical activity, education, socialization, and recreation services to older adults age 60 and older. Also, assistance in filling out various forms and applications.

**Chronic Disease & Diabetes Self-Management Workshops,
732-281-8391**

Peer-led workshops are held for 2 1/2 hours once a week for six weeks. Workshops give people with chronic conditions and/or their caregivers the knowledge, skills and confidence to take a more active role in their health care. Participants learn strategies for managing symptoms, working with health care professionals, setting weekly goals, problem-solving, relaxing, handling difficult emotions, eating well and exercising safely and easily.

COMPASS 82

**Compass 82, Inc., 848-220-8282
1027 Hooper Ave., Bldg. 1,
Toms River, NJ 08753**

Workshops available to seniors and senior communities on disaster preparedness and planning for emergencies. Home Safety Assessments for seniors to identify potential hazards in and around the home. No-cost or low-cost recommendations to rectify hazards and home safety education included.



**Crisis Counseling Catholic Charities
732-363-5322 ex. 3102
200 Monmouth Ave. Lakewood, NJ 08724**

The crisis counseling program provides information and referral which links participants to available services and opportunities. This program provides outreach, in-person and virtual support groups which amount to planned and structured activities and programs to the public at a community location.

**Fix-It Program , 732-363-5322, Ext. 3234
200 Monmouth Ave., Lakewood, NJ 08701**

Volunteers perform minor home repairs and chores to help elderly remain safely in their homes.

**Providence House, 732-350-2120 Hotline 24/7, 732-244-8259
88 Schoolhouse Road, Whiting, NJ 08759**

Providence House offers comprehensive services to victims of domestic violence, including a 24/7 hotline. Project Reach recognizes the unique obstacles faced by older victims of domestic violence such as long time spouse abuse or abuse by grown children.



**Inspire-NJ, 908-278-6450
1330 Rt. 70, Manchester, NJ 08759**

Senior Social @ The Barn provides socialization and recreation to individuals who are 60 years of age and older and who reside in Manchester.



**Interfaith Health & Support Services of
Southern Ocean County, 609-978-3839
1140 Route 72 West, Manahawkin, NJ 08050
Satellite Office, 609-879-5590
279 Mathistown Rd., Little Egg Harbor, NJ 08087**

The mission of Interfaith Health & Support is to provide services by trained Interfaith Volunteer Caregivers to residents in Southern Ocean County. Providing a range of services to support the frail, homebound and elderly to enhance and assist them to remain independent as long as possible. A non-profit organization serving the community with non-emergency medical transportation, grocery shopping, respite care, friendly visiting, pet therapy and medical equipment. The satellite office has a virtual computer connection for the Ocean County Office of Senior Services to access many of their sites such as Meals-On-Wheels, State Health Insurance Assistance Program, Jersey Assistance for Community Caregiving and more. Care receivers will be assisted in using the computer set up by a trained volunteer on site upon request.

Alzheimer's Respite Care Program

Trained Volunteer Caregivers provide non-medical Respite Care and support to the Caregivers and Care receivers trying to cope with Alzheimer's disease.



**Jackson Township Senior Center, 732-928-2313
45 Don Connor Blvd., Jackson, NJ 08527**

Recreation is available for seniors that reside in Jackson Township. Activities include hands on programs like computers, ceramics, active fitness classes four mornings per week, card games and pool, stress management, health fairs, legal forums and special events. Transportation is available to Jackson residents to come to the center and two shopping buses are available to Jackson seniors through this office. Non-Emergency Medical Transport is also available daily.



Be The Change. Volunteer.

Jersey Cares, 973-533-1993,

Volunteer Help Line: 973-692-8047

**290 W Mount Pleasant Ave., Suite 1320,
Livingston, NJ 07039**

Senior Shopper Program provides seniors in Ocean County a safe alternative to grocery shopping. Volunteers provide grocery shopping and delivery, so that seniors can remain safe in their homes.



Jewish Family & Children Services, 732-363-8010

1235A Route 70 West, Lakewood, NJ 08701

Provides individual and family counseling. Offers a senior service mental health services including information and referral, counseling and support groups and virtual programs. All residents of Ocean

County, regardless of age, sex, race, or religion, are eligible for service.



Lakewood Community Services Corp.,

732-901-6001

415 Carey Street, Lakewood, NJ 08701

Multicultural, bilingual senior groups meet weekly in various locations in Lakewood for light exercise, socialization and recreational activities.

Lakewood Kosher Home Delivered Meals, 732-901-6001

450 West Kennedy Blvd., 2nd Floor, Lakewood, NJ 08701

Lakewood Community Services Corporation (LCSC) offers a Kosher Meals on Wheels program providing a daily, warm nutritious meal to eligible seniors in the Lakewood, Brick, and Toms River areas who request a kosher meal. LCSC's social workers provide benefits screenings and assessments to evaluate a client's eligibility for meals to be provided. As part of LCSC's Caregiver Support program, a monthly support group for caregivers is offered. Additionally, counseling for caregivers is provided at no cost.



LBI Senior Center, 609-494-8861

4700 Long Beach Blvd., Brant Beach, NJ 08008

Provides Information and Assistance, Options Counseling, Caregiver Information and Assistance, State Health Insurance Assistance Program (counseling and assistance with Medicare and supplemental insurance), assistance in filling out various forms and applications, socialization, and recreational activities, physical health, education and physical fitness.



Manchester Township Senior Outreach,

732-849-8305

1 Colonial Dr., Manchester, NJ 08759

Information and assistance is provided in person or over the phone, which will link older adults and caregivers to available services and programs. Limited medical transportation will be provided to residents 60 years of age and older who are ambulatory/semi-ambulatory/wheelchair-bound and residing in Manchester township. Assistance is provided in filling out various forms, applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



Northern Ocean

Northern Ocean

**Habitat
for Humanity®**

Habitat for Humanity, 732-998-8638

1889 Rt. US 9, Toms River, NJ 08755

Aging in place is currently part of a national movement to enable seniors to age with dignity in a safer/healthier home. Northern Ocean Habitat brings the spirit of community into the senior's homes through volunteerism. Repairs include interior modifications such as widening doorways and/or stairways for handicap accessibility, bathroom modifications, window repairs and/or replacements, roof repairs, building handicap ramps and installing working smoke alarms and carbon monoxide detectors.



**Monmouth Medical Center Southern
Campus, 732-730-9112
600 River Avenue, Lakewood, NJ
08701**

Individual caregiver counseling at no charge for anyone caring for someone 60 years of age and older residing in Ocean County. Counseling will assist in dealing with the emotions engendered by caregiving. Caregiver Education and Support - Weekly group meetings for care-givers, caring for an Ocean County resident over the age of 60. The group provides education, guidance and support as well as information and referrals for those persons who are caregivers.



**Ocean County Board of Social Services, 732-349-1500
Northern Office (Lakewood), 732-370-8854
Southern Office (Manahawkin), 609-242-6100
1027 Hooper Ave., Toms River, NJ 08754**

Adult Protective Services (APS) Emergency after Hours, Call 211

This program provides services to vulnerable adults 18 years of age and older, residing in the community, who are the subject of abuse, neglect, and/or exploitation, and are unable to protect themselves. Social workers provide assessments, care plans, and work with legal interventions to protect clients.

Caregiver/Care Management/Respite

The program provides residential maintenance and physical health services including minor home repairs and modifications, ramp installation, and Personal Emergency Response buttons to adults age 60 and over. Services are provided to eligible adults who have an unpaid caregiver and whose health and safety are threatened because they cannot perform activities of daily living and/or are at risk of institutional placement. The In-Home Caregiver Education Program is a component of the Care Management/Respite program which provides one-on-one education to enhance caregiver ability and effectiveness.

Comprehensive Care Management for Seniors (CCMS)

This program provides case management services to Ocean County residents 60 years of age and older without regard to income. Case management services include identifying the needs of the individual, evaluating options and services, and assisting with implementing and coordinating those services.

Safe Housing and Transportation Program

The purpose of this program is to provide home repairs necessary to alleviate conditions which are determined to adversely affect the health and safety of county residents age 60 and older. Recommendations on needed home repairs for eligible individuals are made once a home inspection is completed. Additionally, escorted transportation is available to eligible individuals who require safe transportation to attend to their activities of daily living.

Statewide Respite Care Program

This program provides respite services to families experiencing fatigue and stress due to long-term caregiving of frail, elderly, and/or disabled members. Services are short-term and can be arranged on an intermittent basis or for a specific period of time. Respite care makes use of a variety of short-term services to meet the specific and limited goal of providing caregivers with temporary relief from the physical and emotional demands of caregiving. Priority is given to families where the impaired member is at risk of long-term institutionalization due to the inability of the caregiver to continue in that role.



Office of Senior Services, 732-929-2091
1027 Hooper Ave. Bldg.2 , Toms River, NJ 08754
County Connection at Ocean County Mall,
732-288-7777

1201 Hooper Ave, Toms River, NJ 08753

Senior Services provides information and assistance regarding programs and services for older adults and their caregivers. Assistance in filling out various forms and applications. SHIP (State Health Insurance Assistance Program) certified counselors are also available that provide free, confidential unbiased information and assistance for individuals with Medicare.

Jersey Assistance for Community Caregiving (JACC)

Jersey Assistance for Community Caregiving is a cost sharing program that provides a broad array of in-home services and supports that enable an individual at risk of placement in a nursing facility to remain at home. Clients must meet both financial and level of care eligibility.

Ocean Ride, 732-736-8989

2820 Ridgeway Blvd., Manchester, NJ 08759

Call 711 for NJ Relay System

Ocean Ride

The Department of Transportation Services is the Ocean County operated transit system – Ocean Ride, which includes two major services: the “Reserve-A-Ride” Program and local modified fixed “Bus Routes”. “Reserve-A-Ride” provides door-to-door, non-emergency medical transportation service to seniors (age 60 and over) and persons with disabilities (age 18 and over). This service is offered by advanced registration basis primarily to destinations within Ocean County. Pre-registration is NOT required. Clients are registered over the telephone, when you first book your appointment/reservation. When calling to reserve your trip, you may find the day you want to travel is fully booked. In that case, you may be placed on a "Stand-By" list.



**Ocean Township, Engel Sprague Senior Center, 609-693-3302
239 11th St., Barnegat Township, NJ 08005**

Physical and socialization/recreation activities are provided at the Senior Center. Education, and wellness seminars are also conducted at the Senior Center with representatives from local agencies.



Plumsted Senior Outreach Services, 609-758-2241 121 Evergreen Road, New Egypt, NJ 08533

Senior Outreach Services of Plumsted Township (SOS) is a volunteer organization. The services to be provided will link older adults to available services and benefits. Socialization opportunities are enhanced with a variety of social and recreational activities.



**Preferred Behavioral Health Group, Senior Guidance, 732-663-1800
1405 Rt. 35 N., Ocean, NJ 07712**

Therapeutic Counseling services for Seniors 60 and over, Information & Referral, Medication Monitoring and Psychiatric Evaluations.



Hackensack Meridian Health

**Southern Ocean Medical Center, 609-978-3559
1140 Rt. 72 W., Manahawkin, NJ 08050**

Caregiver education and support groups, lectures, and resources where you are able to learn tips on managing as a caregiver. Also offering Alzheimer's caregivers support group.



**Stockton Center on Successful Aging (SCOSA) 609-652-4311
712 E. Bay Ave, Manahawkin, NJ 08050**

SCOSA provides educational programs, socialization/recreational activities, and physical activity programs to older adults.



**Toms River Senior Center, 732-341-1000
652 Garfield Avenue, Toms River, NJ 08753**

Information and assistance is provided in person or over the phone, which will link older adults and caregivers to available services and programs. The center also provides socialization and recreation activities and programs. Limited medical transportation will be provided to residents 60 years of age and older who are ambulatory/semi-ambulatory/wheelchair-bound and residing in Toms River. Assistance is provided in filling out various forms, applications, and SHIP (State Health Insurance Assistance Program) certified counselors are available to assist in review of Medicare plans that provide free, confidential unbiased information and assistance to individuals with Medicare.



**Visiting HomeCare Service of
Ocean County, 732-244-5565
105 Sunset Ave, Toms River, NJ 08754**

The agency's mission is to help the elderly, ill and disabled residents of Ocean County to remain safely and comfortably in their own homes, keeping their families together and avoiding institutionalization whenever possible. This help is given in the form of in-home and adult day care services (on-site at two locations - Toms River and Manahawkin) provided by certified Home Health Aides professionally supervised by Registered Nurses and Social Workers. Transportation to Adult Day Care Centers/A Friend's House is offered, if needed, pending availability.

Important Numbers:

Bright Harbor Healthcare:	732-349-5550
Care2Caregivers Helpline:	800-424-2494
Contact of Ocean & Monmouth Counties:	732-240-6104
Fulfill:	732-731-1400
Medicare Fraud and Abuse:	800-447-8477
Medicare Patients' Rights:	866-815-5440
Medicare:	800-Medicare
Ocean County Board of Social Services:	732-349-1500
Ocean County Clerk's Office:	732-929-2018
Ocean County Cultural and Heritage Commission:	732-929-4779
Ocean County Department of Human Services:	732-506-5374
Ocean County Dept. of Consumer Affairs:	732-929-2015
Ocean County Health Department:	732-341-9700
Ocean County Library:	732-349-6200
Ocean County Office for Individuals with Disabilities:	732-506-5374
Ocean County Office of the Surrogate:	732-929-2011
Ocean County One-Stop Career Center:	732-286-5616
Ocean County Parks and Recreation:	732-506-9090
Ocean County PIC, Inc.:	732-240-5995
Ocean County Prosecutor's Office:	732-929-2027
Ocean County Tourism:	732-929-2000
Ocean County Veterans Service Bureau:	732-929-2096
Ocean County Y.M.C.A:	732-341-9622
Office of the State Long-Term Care Ombudsman:	609-826-5090
PathStone Corporation:	732-849-3705
Psychiatric Emergency Screening Services (P.E.S.S.):	732-886-4474
Retired Volunteer Program (RSVP):	732-286-5999
Social Security Administration:	800-772-1213
South Jersey Legal Services Toll Free:	800-496-4570
South Jersey Legal Services:	732-608-7794
Steps:	732-367-1640
The Salvation Army:	732-270-8393



NJ Save Benefits

Hotline: 1-800-792-9745

The Division of Aging Services uses NJSave, which is one application seniors and individuals with disabilities can use to get help paying Medicare premiums, prescription costs, and other living expenses. People can apply online or via a paper application. Both are available in English and Spanish.

Pharmaceutical Assistance to the Aged and Disabled (PAAD)

PAAD program is a state-funded program that helps eligible seniors and individuals with disabilities save money on their prescription drug costs.

Senior Gold Prescription Discount Program

Senior Gold is a state-funded prescription program with a different co-payment structure and income eligibility guidelines than those of PAAD.

Lifeline Utility and Tenants Assistance

Lifeline is a utility assistance program that offers a \$225 annual benefit to persons who meet the PAAD eligibility requirements or who receive Supplemental Security Income (SSI). This includes utility customers as well as tenants whose utility bills are included in their rent.

Specified Low-Income Medicare Beneficiary Program (SLMB)

SLMB pays partial or full Medicare Part B premiums for eligible participants.

Hearing Aid Assistance to the Aged and Disabled (HAAAD)

HAAAD provides a \$500 reimbursement to offset the purchase of a hearing aid, or \$1,000 for two hearing aids; Beneficiaries must be currently enrolled in the Pharmaceutical Assistance to the Aged and Disabled (PAAD) program or Lifeline Utility Assistance (Lifeline) program, or; Meet the PAAD and Lifeline eligibility criteria.

Motor Vehicle Registration Discount

Individuals enrolled in PAAD or Lifeline qualify for reduced charges for car registration for their vehicles. Based on the age of the vehicle, a credit is allowed against the total fee. A copy of the PAAD card or a letter from Lifeline showing your eligibility must be returned with your registration notice and check.



O.C.E.A.N., Inc.

732-244-5333

**40 Washington Street, P.O. Box 1029,
Toms River, NJ 08754**

**Indian Head Plaza, 732-244-9041 Lakewood Office, 848-290-1580,
144 John Street, Lakewood, NJ 08701**

Agency programs include Head Start, Weatherization, Home Energy Assistance, Gift of Warmth, United Water Cares, Housing, First Time Homebuyers program, and intensive case management. All programs are based on available funding.



Parker Advanced Care Institute at VNA Health Group

Visiting Physician Services

Parker Advanced Care Institute at

VNA Health Group

23 Main Street, Suite D1,

Holmdel, NJ 07733

Office: 732-571-1000

Email: info@visiting-physician.com www.vnahg.org/vps

Visiting Physician Services is the largest geriatric house call practice in New Jersey with a clinical staff of 8 physicians and 29 nurse practitioners and physician assistants, who serve patients throughout Ocean, Monmouth, Middlesex, Union, Somerset, Essex, Passaic and Bergen counties. Our mission is to enable patients to stay at home as they age and improve their quality of life by providing safe and convenient in-home primary medical care. Comprehensive care includes: management of chronic conditions, in-home diagnostic testing, wound care, Telehealth and much more. Visiting Physician accepts Traditional Medicare, Horizon, Amerigroup and Aetna Medicare.

Need more information?

Visit our website www.co.ocean.nj.us/seniorservices

Call Us: 732-929-2091



The Ocean County Office of Senior Services
Resource Directory

Ocean County Board of Commissioners

Barbara Jo Crea
Virginia E. Haines
John P. Kelly
Gary Quinn
Joseph H. Vicari

Department of Senior Services

Joseph H. Vicari, Commissioner Liaison
Maria LaFace, Director
1027 Hooper Avenue, Building 2
Toms River, NJ 08754

