



SUMMER YOUTH Recreation Programs

TOT & TYKE BASKETBALL CLINIC \$74

4-7 Years old | Max 12; Min 5 | GYM

It's never too early to learn the basic skills of basketball. Dribbling, shooting and passing will be taught. Modified baskets will be used for participants' success.

Instructor: John Pampalone

MONDAY - THURSDAY

Session I - Tots: July 6 - 9 | Ages: 4-5 | 9:00 AM - 10:00 AM

Session II - Tykes: July 6 - 9 | Ages: 6-7 | 10:00 AM - 11:00 AM

BASKETBALL CLINICS \$132

7-16 Years old | Max 30; Min 10 | GYM

Boys and Girls are welcome to attend our annual clinic. This is a complete program stressing fundamentals of all aspects of the game with a strong focus on shooting and ball handling. Learn to improve your game the correct way.

Instructor: John Pampalone

MONDAY - THURSDAY

Session I: July 13-16 | Ages: 7-10 | 9:30 AM - 12:00 PM

Ages: 11-16 | 1:00 PM - 3:30 PM

ULTIMATE REC GAMES \$125

7-15 Years old | Max 25; Min 8 | GYM

Enjoy a fun-filled week of your favorite gym class games! Campers will play classics like kickball, dodgeball, volleyball, capture the flag, and four square, plus new games like bounce ball.

Instructor: John Pampalone

Wednesday 07/08 Camp will be 2-3PM

MONDAY - THURSDAY

Session I: July 6-9 | 1:00 PM - 3:00 PM

FIELD HOCKEY CLINIC \$55

6-12 Years old | Max 15; Min 8 | GYM

Learn or improve your field hockey skills in a fun, supportive clinic for all skill levels. Campers will practice stick handling, passing, shooting, and game awareness while building confidence and enjoying the game.

Instructors: Chloe Johnson & Paige Shaw

MON, WED, FRI:

Session I: June 29-July 01 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

NO CLASS JULY 3

Session II: July 20-24 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

Session III: August 03-07 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

SOCCER CLINIC \$55

6-12 Years old | Max 15; Min 8 | GYM

Build your soccer skills in a fun, supportive clinic for all skill levels. Players will practice dribbling, passing, shooting, and game awareness while improving confidence, coordination, and teamwork.

Instructor: Carter Fanqans

MON, WED, FRI:

Session I: June 29-July 1 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

NO CLASS JULY 3

Session II: July 20-24 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session III: Aug 03-07 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session IV: Aug 10-14 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session V: August 17-21 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

SPEED & STRENGTH \$55

8-13 Years old | Max 25; Min 8 | GYM

Build strength, speed, and endurance in a safe, supportive class for all fitness levels. Participants will work on power, agility, stability, and conditioning, making it a great option for athletes preparing to return to their sport.

MON, WED, FRI:

Session I: Aug 10-14 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

Session II: Aug 17-21 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

VOLLEYBALL CLINIC \$35

6-12 Years old | Max 15; Min 8 | GYM

Learn or improve your volleyball skills in a fun, supportive clinic for all skill levels. Players will practice passing, setting, serving, and game play while building confidence and technique.

TUES & THURS

Session I: June 30-July 2 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

Session II: July 21-23 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

Session III: Aug 04-06 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

LACROSSE CLINIC \$35

6-12 Years old | Max 15; Min 8 | GYM

Learn or improve your lacrosse skills in a fun, supportive clinic for all skill levels. Players will practice stick handling, passing, catching, shooting, and game awareness while building confidence, coordination, and teamwork.

Instructor: Grace McClellan

TUES & THURS

Session I: June 30-July 02 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session II: July 21-23 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session III: Aug 04-06 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session IV: Aug 11-13 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

Session V: Aug 18-20 | Ages: 6-8 | 1:00 PM - 2:15 PM

Ages: 9-12 | 2:30 PM - 3:45 PM

FLAG FOOTBALL CLINIC \$35

6-12 Years old | Max 15; Min 8 | GYM

Learn or improve your flag football skills in a fun, supportive clinic for all skill levels. Players will practice passing, catching, route running, and game play while building confidence, coordination, and teamwork.

TUES & THURS

Session I: Aug 11-13 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

Session II: Aug 18-20 | Ages: 6-8 | 9:00 AM - 10:15 AM

Ages: 9-12 | 10:30 AM - 11:45 AM

EARLY CHILDHOOD MUSIC CLASS \$60

Birth-6 Years old | Max 10; Min 4 | Room 99

Introduce your child to music in a fun, engaging class that encourages creativity and confidence. Children will explore songs, instruments, movement, and rhythm while building coordination, social skills, and a love for music. **Instructor:** Kelly Irwin

MON - THURS

Session IA: Ages: Birth-18 months | July 6-9 | 9:00 AM - 9:45 AM

Session IB: Ages: 18 months-3 yrs | July 6-9 | 9:45 AM - 10:30 AM

Session IC: Ages: 3 yrs-4 yrs | July 6-9 | 10:30 AM - 11:15 AM

Session ID: Ages: 4 yrs-5 yrs | July 6-9 | 11:15 AM - 12:00 PM

Session IIA: Ages: Birth-18 months | July 13-16 | 9:00 AM - 9:45 AM

Session IIB: Ages: 18 months-3 yrs | July 13-16 | 9:45 AM - 10:30 AM

Session IIC: Ages: 3 yrs-4 yrs | July 13-16 | 10:30 AM - 11:15 AM

Session IID: Ages: 4 yrs-5 yrs | July 13-16 | 11:15 AM - 12:00 PM

Session IIIA: Ages: Birth-18 months | Aug 3-6 | 9:00 AM - 9:45 AM

Session IIIB: Ages: 18 months-3 yrs | Aug 3-6 | 9:45 AM - 10:30 AM

Session IIIC: Ages: 3 yrs-4 yrs | Aug 3-6 | 10:30 AM - 11:15 AM

Session IIID: Ages: 4 yrs-5 yrs | Aug 3-6 | 11:15 AM - 12:00 PM

REGISTER NOW



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