



YOU'RE INVITED TO

Paws and Unwind

A day to connect, relax and recharge!

July 29, 2026 | 10:00 a.m. - 12:30 p.m.

Popcorn Park Animal Refuge | 1 Humane Way, Forked River, NJ 08731

Join us to connect with nature, find resources in your community and de-stress with animals!

FREE admission to the park and an animal education session are included!

Interested in hosting a resource table at the event? Email Marlee.Kimmick@rwjbh.org to learn more.

RWJBarnabas
HEALTH

**Institute for
Prevention
and Recovery**