

## Your Family Is Our Family

Together, we'll create a personalized plan for care that meets the unique needs of your loved one and family.



### No Waitlist

- Our intake process starts immediately.
- From insurance through assessment, we provide clear communication about our time to service.
- Time is critical, the sooner we start, the more significant our impact can be.



### Progress & Traction Monitoring

- A BCBA continuously monitors progress.
- Comprehensive reassessments every 3-6 months.
- Regularly updated treatment plan.
- Track progress online.



### Quick Intake Process

- Our family support team will guide you through the entire process efficiently.
- Every client has a team to help with:
  - insurance questions
  - completing the necessary paperwork
  - selecting the best social skills groups and the age-appropriate programs



### High-Quality ABA Therapy

- We dedicate ourselves to providing meaningful and effective care from a BCBA and a BT that are just right for your family.
- 1:1, individualized, & evidence-based.
- Naturalistic & holistic
  - At your home
  - In our centers
  - In school and daycare
  - In your community
- Flexible scheduling.
- Coordination of services.



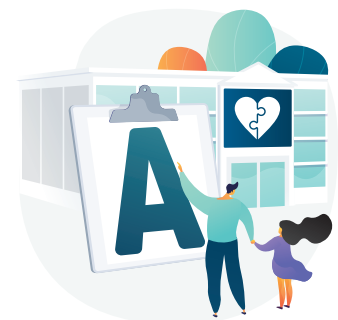
### Assessment Process

- A BCBA will perform a comprehensive assessment.
- Individualized treatment plans and goals are created in partnership with you and your family.

## Center-Based Services

Our ABA centers allow us to provide unique programs to meet the needs of our diverse clients and their families.

- 1:1 Early Childhood Program (8AM-4PM)
- After School Programs (3-6PM)
- Social Skills Groups
- Adult Vocational & Daily Living Skills Program (8AM-5PM)



# Home & Community Services

## HOME SERVICES



Our home services include one-on-one therapy in a client's home, caregiver training, and social skills organized and supervised by experienced Behavior Technicians and BCBA's.

Our team will work on various skills designed specifically for each client and their family. For example, functional communication, social and family engagement, and active daily living skills.

Our individualized parent training sessions focus on learning practical strategies to manage interfering behaviors while teaching age-appropriate replacement behaviors and generalizing skills gained in ABA home sessions.

We also organize small group social interactions (i.e., playdates) if recommended by the client's BCBA and desired by the client's family.

## DAYCARE & SCHOOL SUPPORT



We provide daycare and school support to promote inclusion, school safety, and positive reinforcement for appropriate social behavior.

The goal is to improve our client's ability to participate in their natural classroom environment with minimal adjustments and modifications.

The team collaborates closely with teachers and paraprofessionals, offering consistent support and effective consultations while only utilizing evidence-based treatment strategies.

## COMMUNITY PARTICIPATION



We support our clients and their families in navigating their community successfully through outings and social experiences.

Our team will work on essential life skills in a real-world setting by creating a step-by-step plan that offers opportunities to practice socialization and physical awareness and promote the generalization of skills in the "real world."

We believe that exposure to new meaningful experiences can be significant, providing a foundation for an increase in self-confidence and self-awareness.



3-Year Accreditation



Connect Plus Therapy works closely with evaluation teams in the area.  
If you are in need of a referral, please contact us at [contact@connectplustherapy.com](mailto:contact@connectplustherapy.com).

# Social Skills Groups

Social learning is one of the most effective and naturally occurring forms of reinforcement in an individual's daily life. Social awareness and communication are a major part of the barriers that commonly affect individuals with ASD.

The Social Skills Program at Connect Plus Therapy is designed to support individuals on the spectrum who have difficulty creating and maintaining meaningful social relationships. Our home and community clients can attend social skills groups (SSGs) within their treatment plan in collaboration with their BCBA and caregiver.

Our After-school Social Skills Groups are developed based on the age and individual needs of our clients between the ages of 6 and 18.

## ELEMENTARY AGE GROUP



The elementary group focuses heavily on the prerequisite social skills required to develop social relationships, such as social communication, joint attention skills, and increasing the motivational value of natural social reinforcement. In addition, this group also concentrates on teaching clients how to appropriately play and work with their peers, identify and express feelings and emotions, self-management in social settings, friendship-making skills, and deal with competition.

## TWEEN TIME



This group serves individuals that have difficulties with social relationships and friendship-making skills. They heavily focus on aspects of self-management and how we affect others. In addition, they participate in discussions on empathy, perspective-taking, dealing with bullying, and community safety awareness. Individuals are often more verbally social and capable of communicating with peers but often have trouble creating and maintaining meaningful social relationships.

## TEEN NIGHT



Our teenagers focus on developing and maintaining friendships and communication regarding conflict, problem-solving, having meaningful conversations, and adjusting to new social situations. This includes dealing with environmental stressors, changes in routine, character development, understanding unspoken social rules, navigating the transition from teen to adulthood, the complex aspects of dating, and electronic communication.

All programs and lessons are modified to focus on each attendees' unique needs. In addition, our SSG and HCS clinical teams collaborate to ensure the learned skills are generalized into home and community settings.

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# EARLY CHILDHOOD PROGRAM



## About Our Program

Our early childhood program is a flexibly scheduled therapeutic program for children aged 2-5 years.

Children focus on building relationships and socialization, while strengthening their communication and gross motor skills. Our staff will work with your child on ADL tasks like toilet training, as well as maladaptive goals like language cognition, receptive language, and expressive language. Children also receive instruction in math and language arts.

Our program utilizes the Portia ABA curriculum which has been specifically developed for children with autism.

Each child has an individualized treatment plan developed for implementation in a group setting. Each room is led by a Board Certified Behavior Analyst and is supported by behavior technicians and instructional assistants.

## Details

- 9 AM – 3 PM
- Social Groups from 8–9 AM and 3–5 PM, including special activities like music, dance, and yoga
- Group Parent Training
- Orientation Night

## Our Approach

Play with a purpose! A therapist will work with your child to improve communication, cognitive, social, and self-help through play and joint activities that help children progress towards critical milestones and goals.

- Small Room Ratios
- 1:1 or 2:1 Staffing (child to therapist)
- Individualized Treatment Plans
- Portia ABA Curriculum
- Highly Skilled, Caring Staff
- Oversight by a BCBA & Clinical Team
- In-home Sessions Available
- Group Parent Training
- Individualized Parent Training

## Available on Request

- Transportation
- Social Groups
- To/From Home
- 8-9 AM
- To/From School
- 3-5 PM



# ADULT VOCATIONAL PROGRAM

- Daily Living Skills
- Community Engagement
- Job Skills
- Self-Care: Cooking, Laundry, Physical Fitness, and more.

- Monday – Friday
- 8AM – 5PM
- Ages 17 & Up
- Cherry Hill, NJ

As those with autism become adults, they face a difficult uncertainty. They begin to age out of the special education services and benefits they've received their whole lives. Furthermore, the availability of therapeutic programs for young adults on the spectrum dramatically diminishes.

From 8 AM to 5 PM, we provide a place for adults, and those transitioning out of school, to continue to receive the support and services they need.

Our program addresses this urgent need.

Our highly-trained staff works with a wide range of abilities, aggressiveness, and severity and will help your young adult work towards gaining increased independence by building transferable self-care, employment, social, communication, and behavioral skills in a safe setting with clinical oversight.

Learn more about our program by scanning the QR code or by visiting: [connectplustherapy.com/adult-program](https://connectplustherapy.com/adult-program)



# ADULT VOCATIONAL PROGRAM

Our program takes place in a house dedicated to helping teenagers, those transitioning out of school, and adults with autism gain increased independence, learn to develop meaningful relationships, navigate in their local community, assess their vocational direction, and achieve long-term personal success.

Our house provides a naturalistic environment to teach the essential functions of independence in a space dedicated to those goals.

The house has a

- bedroom
- laundry room
- kitchen
- bathroom/shower
- living room
- fitness room, and
- vocational development space.



With an emphasis on cognitive and social behavior, we work individually and in group settings to demonstrate effective conversation and social skills, discuss healthy relationships, and how to navigate daily life events.

The Growing Green program provides the opportunity to learn how to grow, care for, and sell plants, and handmade crafts. By learning job skills like handling money, customer service, shipping and handling, technology, and marketing, they are able to sell their products at farmer's markets and online.



### Activities of Daily Living - ADLs

- Hygiene
- Health & Fitness
- Laundry
- Cooking
- Self-care
- Time Management
- Household Management
- Food Management
- Money Management
- Community Outings & Integration

### Growing Green Activities

- Grow, care, and sell harvestable plants in the community and online
- The creation of handmade crafts including, coasters, candles, and seed bombs
- Shipping & handling
- Technology, occupations skills, and marketing
- Working with and handling money
- Customer service
- Donation center

### Growing Green

With the goal of inspiring our clients outside of our clinic walls, this program has our clients learn, and handle the entire process of growing and selling plants in person and online.

### Handmade Crafts

**Candles** - We create hand-poured candles by following a task analysis that provides step-by-step directions that teach a person how to perform the task independently.

**Coasters** - We also create handmade coasters. This also involves following a task analysis, gathering supplies, paying close attention to detail, and using fine motor skills.

**Seed Bombs** - With a behavior technician's support our clients also create seed bombs, colorful balls packed with perennial seeds that are ready to grow!

### Shipping

Our adult clients help prepare packages for delivery by prepping contents, attaching shipping labels, and confirming that all invoices reflect the correct information. They collaborate with peers to solve issues with delays, damaged products, or back-ordered items. They also maintain an inventory of various packaging products like, labels, boxes, envelopes, and bubble wrap.

### Technology, Occupational Skills, & Marketing

**Technology & Occupational Skills** - Technical skills are the abilities and knowledge needed to perform specific tasks. They are practical and often relate to mechanical, information technology, mathematical, or scientific tasks. Learned skills include understanding and learning how to input data into files, retrieving and writing emails, updating inventory, sending out material requests, filing, and creating new documents.

**Marketing** - Clients develop strategies and marketing goals to increase revenue and attract new business. They create advertisement dialogues, social media content, and make updates to the online store.

### Donation Center

The house also has a donation center. The center is an integral part of our program and introduces the importance of helping those in need, compassion, and having empathy towards others. Clients track and coordinate donations, identify groups that need our support, and plan an entire year's donation schedule.

### Proper Hygiene

Personal hygiene is an integral part of good health maintenance, and understanding how to take care of yourself properly is essential for a healthy life. Each client will have a personalized bin with toiletries such as deodorant, toothbrush, toothpaste, and a comb to practice a healthy hygiene routine.

### Health & Fitness

Health and Fitness are a vital part of everyday life. We provide 45-minutes of daily health and fitness opportunities which are broken into 15-minute workouts that are customized to the abilities of each client. Our gym area has three rotating stations and provides a variety of equipment for cardio, yoga, and aerobics.

### Laundry

Clients learn how to sort dirty linen and clothing in preparation for the wash. They then learn to wash and dry everything according to a specific procedure for each machine.

- Unload dry linen
- Fold clean linen
- Separate personal clothing
- Fold undergarments
- Hang dresses, blouses, shirts, pants, and other clothing appropriately on hangers

### Cooking

Clients learn the importance of making healthy food choices and how to prepare healthy snacks and meals. Every day a lunch menu will be posted. Each client will choose a meal to prepare from start to finish, with their behavior technician's assistance. This includes gathering ingredients and noting whether or not we have all of the ingredients required. If we do not, it will be the client's responsibility to add the missing ingredient to our grocery list. We then use the grocery list at our next community outing to purchase any missing ingredients.

### Community Outings

Our clients regularly participate in community outings where they will have the opportunity to work on essential life skills in a real-world setting. These outings will aid in their ability to be independent, work, and enjoy recreational activities on their own. Community outings have included trips to the bowling alley, bookstore, craft stores, grocery shopping, and apple picking.