

# The Integrated Adolescence Program



Integrated Care Concepts & Consultation

**INTEGRATED ADOLESCENCE**

Integrated Adolescence is an intensive outpatient (IOP) program or partial hospitalization program (PHP) focused on wellness recovery for teens (14–18) and their families who are experiencing anxiety, depression, or who are recovering from trauma.

- The Integrated Adolescence program is comprised of four components: Application and Assessment, Community Sanctuary, Mind/Body Skills Training and Family-Centered Care.
- IOP offers 3 hours of support Monday-Thursday operating from 3-6 to accommodate afterschool support.
- PHP offers 6 hours of support Monday-Friday operating from 9-3, and includes an educational component within this time to ensure academics are up to date.
- The PHP program includes a certified teacher serving as an educational coordinator, who coordinates the educational needs of students who receive our services while in school.

## **For further information:**

**call (732) 389-0697 ext. 905**

**or email:**

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**or visit:**

**<https://integratedcareconcepts.com/service/the-integrated-adolescence-program/>**