

Who we are

Forge Health is on a mission to make mental health and substance use care effective, affordable, and accessible. We offer in-person and telehealth treatment that is private, personalized, evidence-based, and in-network.

We're committed to understanding your unique story, being your trusted partner, and helping you through paths difficult and unfamiliar.

Why Forge Health?

- We help people from all walks of life improve their mental well-being and reduce their reliance on drugs and alcohol.
- Our clinicians have deep expertise and experience in treating the full spectrum of mental health, substance use, and trauma conditions, and our approach is proven to get results.
- All of our services are confidential and in-network with most major commercial health plans, as well as Medicare.
- Our outpatient care is available in-person or via telehealth. It's comprehensive, affordable, and customized to your individual needs, wherever you are.

Let's forge a new path together!



Compassionate, personalized care that drives exceptional results

Therapy and Counseling

Meet regularly with your clinician, in person or by video call, and attend weekly group sessions to identify negative thought patterns and develop alternate strategies to approach challenges.

Intensive Outpatient Programming (IOP)

We provide a structured schedule of group and individual counseling sessions in which we work through your biggest obstacles in a direct and purposeful way to build you up and encourage change.

Medication Management & Psychiatric Care

Research shows that medication can be an effective and important element in achieving better health for some people. We provide both Medication Management for ongoing psychological care and Medication Assisted Treatment (MAT) for opioid and alcohol use disorders.

Specialized Treatment

We provide specialized care for veterans & first responders, cancer patients and their families, and the LGBTQ+ community.



Satisfied clients

We're focused on delivering not only excellent care, but also ensuring an exceptional care experience. Our dedication to quality has not gone unnoticed by our clients:

98%

Felt welcomed by our staff



98%

Said admission was smooth & services were clearly explained



96%

Stated their clinician was knowledgeable and skillful



“

[Forge] saved my life. Thank you from the bottom of my heart.

Chief David Goldstein
Chief of Police, Franklin, NH

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Take back control of your life

We use an evidence-based, whole-person care model that has proven effective for treating mental health, substance use, and associated trauma. Our multidisciplinary care teams are highly trained and experienced, so they can evaluate, diagnose, and build a holistic care plan personalized to your needs.

- ✓ 100% private and confidential
- ✓ Evidence-based approaches that get results
- ✓ Personalized to your circumstances and goals
- ✓ Telehealth and in-person services available
- ✓ Outpatient treatment lets you maintain your daily life
- ✓ In-network with most major health plans
- ✓ Lifetime partners in care

Proudly in-network with major health plans

We treat these and many other challenges



Depression



Anxiety and
Stress



Trauma and
Grief



Substance Use
and Addiction



Mood
Disorders



Anger
Management

FORGE HEALTH[®]

Your vital source for mental health and substance use care

Convenient, affordable, and
effective treatment

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Contact us today

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