

Registration

\$200

Dinner
included

NEXT STEPS GROUP

Steps To Empower Purpose & Stability

Why Choose Us?

Our mission is to empower at-risk youth who are in recovery from mental health issues, struggle with family conflicts, or have socialization challenges. We create a safe and supportive environment for youth to learn the skills necessary to maintain stabilization to prevent reoccurrence of at-risk behaviors.

A customized program to meet the needs of each individual youth. Group topics/activities will include but not limited to: peer leadership, self-exploration, family conflicts, building positive networks, mentoring, problem solving/decision making skills, exploring values and belief systems, social skills, communication and team building skills, vocational and community service opportunities, public speaking and presentation skills, holistic wellness, and bullying.

Place: Ocean County Youth Center
155 Sunset Avenue, Toms River

Day: Wednesdays 4:30-6pm

8 week sessions ages 7-15



Call or email for

more information:

732-503-3790

bedwardbrenda@gmail.com

Group facilitators: Donovan & Brenda Bedward
both are LCSW and LCADC therapists