

New Jersey Crisis Resources Parents and Guardians

New Jersey State Funded Programs

Performcare

1-877-652-7624
Performcarenj.org

PerformCare provides youths and their families with the services, resources, tools, and support they need to optimally participate in treatment within their homes, schools, and community settings. PerformCare provides the avenue for families to request clinically appropriate, needs-based services with a single phone call any time of the day or night including mobile response.

Family Crisis Intervention Program

Family Crisis Intervention Program (FCIP): short-term crisis stabilization and counseling services for children and their families. Provides counseling to youth and families impacted by domestic violence, parent-child conflict and/or juvenile delinquency. Each county has a different provider.

Psychiatric Emergency Screening Center

State-designated emergency screening services in the Emergency Rooms. Crisis intervention, stabilization and treatment are all provided. Mobile outreach to all area residents experiencing acute psychiatric distress and traumatic incident debriefing are provided as well. Services can be accessed through the PESS Department by calling toll free 866.904.4474. For a complete listing of PESS services by county please visit: www.state.nj.us/humanservices/dmhas/home/hotlines/MH_Screening_Centers.pdf

Suicide Prevention and Crisis Resources

2nd Floor Youth Help Line (Call or Text)

888.222.2228
www.2ndfloor.org

NJ Hopeline

855.654.6735

NJ Caring Crisis Hotline

Text "CWC" to 839863
call 908.232.2880

Crisis Text Line

Text "HOME" to 741-741

National Suicide Prevention Lifeline

800.273.8255
www.suicidepreventionlifeline.org

Boys Town National Hotline (for all youth)

800.448.3000

Addiction and Substance Abuse Resources

Addiction Hotline of NJ

800.238.2333

Al-Anon/Alateen

888.425.2666

NJ Connect for Recovery

855.562.3737

NJ Quitline

866.NJ.STOPS

LGBTQ+ Resources

Garden State Equality

www.gardenstateequality.org

The Trevor Project (LGBTQ+ Support)

866.488.7386
www.thetrevorproject.org
Text "START" to 678678

Family and Domestic Services

Runaway Hotline

800.786.2929

In any emergency situation please call 911 or visit your local emergency room.

Catholic Charities	800.360.7711
National Child Abuse Hotline	800.422.4453
NJ Department of Children & Families	877.652.2873
180 Turning Lives Around (Sexual Assault)	888.264.7273
American Anorexia/Bulimia Association of NJ	800.931.2237
NJ AIDS/ATD Hotline	800.624.2377

Online Resources

Society for the Prevention of Teen Suicide	www.sptsusa.org
Substance Use & Mental Health Services Administration	www.samhsa.gov
Centers for Disease Control	www.cdc.gov
American Academy of Pediatrics	www.aap.org
Child Mind Institute	www.childmind.org
National Alliance on Mental Illness	www.nami.org
American Association of Suicidology	www.suicidology.org
American Foundation for Suicide Prevention	www.afsp.org
Suicide is Different	www.suicideisdifferent.org
Psychology Today (find a therapist)	www.psychologytoday.com
Your Life Your Voice from BoysTown	www.yourlifeyourvoice.org
The Trevor Project	www.thetrevorproject.org

In any emergency situation please call 911 or visit your local emergency room.