



Children & Family Health Institute



Lakewood Library



LAKEWOOD PUBLIC SCHOOLS



CHEMED
CENTER FOR HEALTH EDUCATION MEDICINE & DENTISTRY

Introducing The School Readiness Program for Lakewood Parents of Children Birth to 5

Join us for our interactive sessions hosted several times per month at varying locations in Lakewood. This FREE program is designed to help parents learn about critical skills and development for their children age 0 to 5 so they can succeed in school and life. We will use the United Way Born Learning Academy material that consist of six workshops that provide families with tools and resources to turn everyday activities into early learning moments. This program also connects parents to one another and builds relationships. Incentives, light refreshments and fun activities for both parents and children will be provided every meeting. Each session runs approximately 2 hours.

Session Topic:	Lakewood Early Childhood Center	Lakewood Branch Library	CHEMED
Meet and Greet and Enrollment	December 5 th 8:30am	December 5 th 12:30pm December 12 th 12:30pm	December 16 th 3pm
1. Building Relationships	January 9 th 8:30am January 23 rd 8:30am	January 2 nd 12:30pm January 16 th 12:30pm	January 6 th 3pm January 20 th 3pm
2. Building Child Language Skill	February 13 th 8:30am February 27 th 8:30am	February 6 th 12:30pm February 20 th 12:30pm	February 3 rd 3pm February 17 th 3pm
3. Nutrition & Health	March 13 th 8:30am March 27 th 8:30am	March 6 th 12:30pm March 20 th 12:30pm	March 3 rd 3pm March 17 th 3pm
4. Learn How Children Learn	April 3 rd 8:30am April 17 th 8:30am	April 3 rd 12:30pm April 17 th 12:30pm	April 7 th 3pm
5. Family Routines	May 8 th 8:30am May 27 th 8:30am	May 1 st 12:30pm May 15 th 12:30pm	May 5 th 3pm May 19 th 3pm
6. Learn on the Go	June 5 th 8:30am June 19 th 8:30am	June 5 th 12:30pm June 19 th 12:30pm	June 2 nd 3pm

Location Information:

Lakewood Early Childhood Center: 100 Linden Ave Lakewood, NJ 08701

Lakewood Branch Library: 301 Lexington Ave Lakewood, NJ 08701

CHEMED: 1771 Madison Ave. Lakewood NJ 08701

Space will be limited for this free series.

For more information or to enroll, **please contact:**

Raquel Murphy at Raquel.Murphy@vnahg.org or 732-687-1588



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Introduciendo el Programa "School Readiness"

a Padres con hijos de 0 a 5 años

Unite a nuestras sesiones interactivas que se llevaran acabo en diferentes locacidades de Lakewood y en diferentes horarios. Aprende a fortalecer la crianza de tu hijo(a) para que asi obtenga exito en la escuela y en su vida. Este programa GRATUITO se lleva acabo con la ensenanaza de United Way Born Learning Academy. Consiste de seis series talleres que proveran a tu familia con herramientas y recursos para volver las actividades diarias en momentos de aprendizaje. Ofreceremos incentivos, refrigerios lijeros y divertidas actividades para padres e hijos en cada sesion. Cada Sesion dura aproximadamente 2 horas.

Temas de cada Session:	Lakewood Early Childhood Center	Lakewood Branch Library	CHEMED
Convivio e Inscipciones	Diciembre 5 a las 8:30am	Diciembre 5 a las 12:30pm Diciembre 12 a las 12:30pm	Diciembre 16 a las 3pm
1. Desarrollar y Mejorar Relaciones	Enero 9 a las 8:30am Enero 23 a las 8:30am	Enero 2 a las 12:30pm Enero 16 a las 12:30pm	Enero 6 a las 3pm Enero 20 a las 3pm
2. Desarrollar el lenguaje de su hijo	Febrero 13 a las 8:30am Febrero 27 a las 8:30am	Febrero 6 a las 12:30pm Febrero 20 a las 12:30pm	Febrero 3 a las 3pm Febrero 17 a las 3pm
3. Nutricion y Salud	Marzo 13 a las 8:30am Marzo 27 a las 8:30am	Marzo 6 a las 12:30pm Marzo 20 a las 12:30pm	Marzo 3 a las 3pm Marzo 17 a las 3pm
4. Aprender a entender como aprenden los niños	Abril 3 a las 8:30am Abril 17 a las 8:30am	Abril 3 a las 12:30pm Abril 17 a las 12:30pm	Abril 7 a las 3pm
5. Rutinas Familiares	Mayo 8 a las 8:30am Mayo 27 a las 8:30am	Mayo 1 a las 12:30pm Mayo 15 a las 12:30pm	Mayo 5 a las 3pm Mayo 19 a las 3pm
6. Aprender durnte nuestras actividades diarias	Junio 5 a las 8:30am Junio 19 a las 8:30am	Junio 5 a las 12:30pm Junio 19 a las 12:30pm	Junio 2 a las 3pm

Informacion de Localidades:

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Este programa es totalmente gratuito. El Espacio es limitado!

Para mas informacion o para inscribirte, **contacta** a Raquel Murphy at Raquel.Murphy@vnahg.org or 732-687-1588