RPOST Mission

Providing FREE non-clinical case management & support to those who face the challenges of addiction. Certified Peer Recovery Specialists offer one-to-one person-centered support to individuals in recovery. Focusing on Strengths... Unconditional Support... Empowerment, & Acceptance! Recovery IS Possible.

Program Requirements:

- ✓ Be an Ocean County Resident.
- ✓ Be 18yrs of age or older.
- ✓ Be proud of yourself for taking this step!!





Mental Health Association in New Jersey, Inc.

OTHER MHA-OCEAN PROGRAMS

Recovery Family Support Services (RFSS)

non-clinical case management & support to family members in Ocean County impacted by addiction **Funded by Ocean County Health Department*

Text for Recovery (T4R)

Text the word RECOVERY to 51684 for Additional Substance Use Supports Right at Your Fingertips **Funded by Ocean County Health Department*

Pathways to Success (P2S)

holistically address barriers individuals impacted by opioids are facing so they may find gainful & long-term employment. P2S will train & educate Ocean County residents to succeed in the workplace. *Financed 100% with WIOA National Dislocated Worker NEG federal funding totaling \$3,000,000

Peer Outreach Support Team (POST)

non-clinical one on one support to Ocean County residents living with mental health and/or cooccurring disorders, who are seeking to attain or maintain wellness. *Funded by the DMHAS

Journey to Wellness (JTW)

A peer run, community wellness center providing peer led support groups to individuals experiencing mental health, substance use, and/or co-occurring disorders **Funded by DMHAS*

United by Wellness (UBW)

A peer led, statewide virtual wellness center covering all dimensions of wellness & recovery principles.

For access to these services call 732.244.0940

FREE

Individualized Support

Total Acceptance

Multiple Pathways

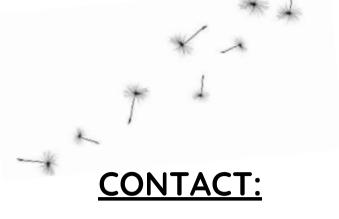


MHA-Ocean

25 South Shore Drive Toms River, NJ 08753 P: 732-244-0940 F: 732-244-0948 691 Mill Creek Road (Unit 13) Manahawkin, NJ 08050 P: 609-205-1600 F: 609-488-6165

<u>Main Contacts</u>: Gary Sheridan / gsheridan@mhanj.org Michelle Price / mprice@mhanj.org





MHA-Ocean

Recovery Peer Outreach Support Team (RPOST) Gary Sheridan / gsheridan@mhanj.org

Michelle Price / mprice@mhanj.org 732.244.0940

Funded by: Ocean County Health Department





- One to one non-clinical case management
- Short-Term
 Transportation
 Assistance
- Referrals & Information
- Evidence-Based
 Wellness & Recovery
 techniques & skills for
 individuals in recovery
- Peer Run Support
 Groups
- Multiple Recovery Pathways

NO MATTER WHAT YOUR STORY IS ... OR WHAT PATH OF RECOVERY YOU ARE ON... ALL OF US HERE AT MHA-OCEAN ARE HERE FOR "YOU" & "YOUR" RECOVERY! Free non-clinical case management to those who face the challenges of addiction.

Certified Peer Recovery Specialists (CPRS) offer one-to-one person-centered support to individuals who are seeking to attain or maintain recovery.

- No Cost
- No Insurance
- No Judgment

Just complete acceptance & support... regardless of what recovery pathway you are on!

