

May is Mental Health Awareness Month

Ocean's Harbor House presents

A WALK IN THEIR SHOES

SEASIDE EDITION

5.5.2024
TWO-MILE WALK
STARTS AT 10:00 AM
The Sawmill

\$20 per person
Includes t-shirt &
chance to win prizes



Fighting youth and family homelessness and crises through housing, supportive living programs and advocacy for over 35 years.

Did You Know?

Youth experiencing homelessness are 2 times more likely to have higher levels of emotional and behavioral problems and have an increased risk of serious health problems.

For more information on sponsorships and to register for the walk please visit
OceansHarborHouse.org



Questions?

Contact admin@oceansharborhouse.org or
call 732.929.0096 ext: 200

Building awareness around the impact of homelessness on the mental health of youth & families

Sign up as an individual or form a team!

For a small donation, join us for pizza and pasta after the walk at The Sawmill

Visit oceansharborhouse.org/events to learn more

HOW CAN YOU HELP?

Individuals, businesses, schools and organizations can participate by serving as sponsors, signing up to walk or organizing a team of walkers.

SPONSORSHIPS AVAILABLE