

Stepping into Success



Eligibility: Ocean County residents 18 years or older experiencing intellectual and/or developmental disabilities

do you struggle with:

Concentrating?
Coping with feelings of overwhelm?
Finding employment?

Free individualized supports:

- Non-clinical wellness and vocational case management
- Self-advocacy
- Social outings
- Creative expression groups
- Self-care groups
- Skill building workshops and trainings
- One-on-one guidance and support
- Coping skills
- Transitional education for employment



We can help!

all services offered:
100% in person
100% virtual
or hybrid!

For more information:

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