

Created and Organized by the

PGP STRENGTHS
DEVELOPMENT
PROGRAM

www.pgpnj.com

ALL GROUPS AND ACTIVITIES ARE
HELD IN THE MONMOUTH
COUNTY AREA USING PAPA
GANACHE AS A MEETING PLACE.

PGP, LLC & Papa Ganache Bakery
traditional & experiential therapeutic interventions in an alternative setting

PERSPECTIVES:

SOCIAL SKILLS & SELF-ESTEEM GROUP

PGP Mentors guide youth in practicing social skills & self-esteem building through hands on experiences at the Papa Ganache bakery & in the community. We focus on the strengths of each participant, to create an individualized & rewarding group experience where youth can explore their understanding of themselves & others.

- COMMUNICATION & HOW TO EXPRESS YOURSELF
- LEARNING ABOUT SOCIAL CUES
- POSITIVE SOCIAL RELATIONSHIPS
- HEALTHY BOUNDARIES
- INCREASE SELF-AWARENESS
- DEVELOP SELF-ACCEPTANCE
- IMPROVE SELF-IMAGE
- STRENGTHEN SELF-ESTEEM

CALL FOR MORE INFORMATION (732) 970 8555
OUR GROUP HAS OPEN ENROLLMENT, MENTOR FACILITATED, CSOC - CSA 17

PGP, LLC & FBSA PRESENT PARENT & CAREGIVER OPEN FORUM

2ND & 4TH WEDNESDAYS 6PM-8PM

Papa Garache Bakery

106 MAIN ST., MATAWAN, NJ 07747

RECOGNIZING THE IMPORTANCE OF FAMILY AND COMMUNITY, PROMOTING AND SUPPORTING THE FULL POTENTIAL OF EVERYONE BY PARTNERING TOGETHER, SHARING OUR THOUGHTS, SUCCESSES, AND CHALLENGES OF CARING FOR OURSELVES AND OUR CHILDREN.

~FREE, ALL ARE WELCOME~

BECAUSE WE ARE BETTER TOGETHER

CALL FOR MORE INFORMATION

(732) 970 8555
PGP, LLC

(732) 542 4502
FBSA