



## OUR STORY:

**HOPE Sheds Light (HSL)** was started after Ron Rosetto lost his son, Marc A. Rosetto to a hard-fought battle against substance abuse disorder. When the Rosetto Family was going through this very difficult time, they struggled to find the help they so desperately needed. Since the family and friends of those with addiction problems often feel isolated, ashamed, overwhelmed and hopeless, Ron, alongside friends Stephen Willis and Arvo Prima, whose sons also were battling addiction at the time, founded HSL. Shortly after, Stephen's son, Mark Kyle Willis, 31, lost his battle with the disease of addiction on September 15, 2013. A few years later, Arvo's son, Paavo Jaan Prima, 25, lost his fight with the disease on April 5, 2017.

Ron, Stephen and Arvo have since dedicated their lives to keeping their sons' legacy alive by helping others find the courage to face addiction and find recovery so that other people's sons and daughters might live. HSL believes there are many paths to recovery, but to be successful, one must have to want change and believe that change is possible.

In 2021, HSL acquired Recovery Advocates for the Shore (RAFTS), founded by Nicole Federici, to expand its recovery services throughout Ocean and Monmouth counties. Through this acquisition, HSL's goal is to create a community where non-judgmental support is standard and multiple pathways to recovery are embraced. HSL will continue to expand its services to young people and families in recovery by offering programming that will engage adolescents and young parents to effectively end the generational cycle of addiction.

## Our Mission

The mission of **HOPE Sheds Light** is to raise awareness and educate individuals, families and the community about the impact of addiction by having the courage to share personal experiences and offer strength, wisdom, hope and resources that lead to positive community change and long-term recovery.



Help support  
**HOPE Sheds Light's mission.**



### HOPE Sheds Light - Ocean County

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### HOPE Sheds Light - Monmouth County

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HOPE Sheds Light is supported by friends and families directly affected by substance use disorder and found recovery through continuous love, support and understanding.

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RECOVERY  
IS REAL.

IT  
STARTS  
HERE.



# WELCOME TO THE HOPE SHEDS LIGHT RECOVERY CENTER



## *A hub for the community*

The **HOPE Sheds Light Recovery Center** is part of a national effort to provide the broad range of support that many individuals need in order to build a stable life in recovery.

### **The center offers access to:**

- Peer-based recovery support services
- Community education and outreach
- Academic and vocational training
- Family strengthening and reunification programs
- Trauma-informed support service
- Family support groups
- Social/recreational outings
- Wellness workshops and physical activities

## OUR PROGRAMS:

### **Community Support**

- Helpline: Talk. Text. Chat.
- Online Resources
- Community Education
- Community Outreach
- Recovery Coach Training

### **Recovery Management Services**

- Wellness Programs
- Recovery Coaching
- Grief and Bereavement Support Group

### **Family Strengthening Services**

- Evidence-Based Family Management Programs
- Recovery Planning for Families

### **Recovery Support Services**

- Weekly Family Support Meetings
- Recovery Coaching for Parents in Recovery
- Grief and Bereavement Support Group

### **Youth Programs**

- Youth Advisory Counsel
- All Recovery Meetings
- Civic Engagement
- Social and Recreational Activities
- Academic and Vocational Support



## WE ARE STRONGER TOGETHER.

The **HOPE Sheds Light** team consists of people in recovery, friends, allies, aunts, sisters, mothers, fathers, brothers, uncles and siblings.

**HOPE Sheds Light** provides non-clinical peer-to-peer support. In addition to our lived experiences, our team holds certifications and licenses consistent with best practices and New Jersey State requirements including: LCADC/LCSW/CADC/CPRS along with many trained volunteers.

## WE STRIVE TO:

- Celebrate those in recovery
- Provide peer-to-peer support
- Raise social awareness
- Share experience, strength and hope
- Offer resources and navigation assistance
- Fight to reduce the stigma surrounding substance use disorder



Saving one person  
**WILL** affect the  
entire community.