

Welcome to Harbor MAT

Harbor MAT offers medication-assisted treatment (MAT) and substance use services. We provide personalized, evidence-based treatment services and ongoing recovery support to individuals, their families, and the community. Substance use disorders are chronic, life-threatening diseases that diminish the quality of life for you and your family. Our program combines an integrated approach to treatment. With our treatment staff, you will develop an individualized course of treatment based upon your strengths, needs, abilities, and preferences. Together we will create a personalized plan of recovery that can include individual, group, and family counseling.

We are here for you, your health, and the health of those you love.

Our Program

Our team of compassionate staff provide confidential, individualized, medication assisted treatment, including methadone

maintenance/detoxification as well as suboxone services, to all in their care.

With a capable guide, all clients learn to:

Identify & Seek to Eliminate High Risk Behaviors

Cope with Relapse Triggers

Recognize & Become Familiar with Possibilities for Positive Growth & Change

Find Successful Means to Fulfill your Potential

Appreciate the Value of Structure, Boundaries, Dependability & Responsibility in Creating a Productive Life

Be Aware of the Pitfalls Encountered in Undertaking a New Life Journey
Free From All Mood-Altering Drugs

Outpatient Services

ASAM based Screening & Evaluation

Intake

Interview / Assessment

Methadone

Maintenance / Detoxification

Suboxone Services

Individual & Group

Counseling

Family Counseling & Support

Case Management & Referral

On-Site Comprehensive HIV Case Management Services
Vocational/Educational Assessment

Specialized Track for Pregnant Women

Drug Monitoring & Screening

For Opioid Treatment Only
Medical assessment, intake & follow-up, methadone maintenance/detoxification, suboxone services.

Mission Statement

To provide comprehensive, high quality addiction treatment services and to be a community resource that prevents, reduces, and eliminates harm caused by substance use disorders for the surrounding community.

Vision Statement

To be a community resource and industry leader in treating the disease of substance use disorders.

Phone: (732) 344-0596

Fax: (732) 344-0597

www.harbormat.com

Hours of Operation

Business Hours

Mon-Fri 5:30 am - 1:30 pm
Saturday 6:00 am - 11:00 am

Medication Hours

Mon-Fri 5:30 am - 11:00 am
Saturday 6:00 am - 11:00 am

Sunday CLOSED

Methadone

Self-Pay Weekly - \$85.00

Medicaid Accepted

Harbor MAT

Opioid Treatment Services

495 Jack Martin Blvd
Suite 6
Brick, NJ 08724

Phone: (732) 344-0596
Fax: (732) 344-0597

www.harbormat.com