

OCEAN COUNTY SOCIAL SKILLS

SOCIAL SKILLS GROUPS



CONVERSATION SKILLS
MAKING/KEEPING FRIENDS
ANGER MANAGEMENT
PROBLEM SOLVING
BULLYING/TEASING
LISTENING SKILLS
IMPULSE CONTROL
DECISION MAKING
UNDERSTANDING BODY LANGUAGE
MUCH MORE!

Social skills groups help children feel connected & supported by their peers in a safe and nurturing environment. Through supportive guidance, role playing, modeling and feedback, children can feel more confident interacting with others & will begin to make better choices in their daily life for social, emotional & academic success!

Individual Therapy,
SandPlay Therapy
Neurofeedback &
EMDR also available!

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